

# The Blade

U.S. Army Reserve 63rd Regional Readiness Command

Winter 2006 Volume 41, Issue 2

**Soldiers hit battlefield  
in Operation Pacific Survivor**





## 63<sup>rd</sup> Regional Readiness Command

*Commanding General* Maj. Gen. Paul E. Mock

*Command Sgt. Maj.* Mark Wilsdon

**Cover Story** - Page 3 - Soldier from Group A, Convoy D 2 provides security as they work through their exercise scenario delivering goods to the town of Dhi Qar during Operation Pacific Survivor. Photo by Patricia Ryan, 63rd RRC PAO



*Soldiers engage in convoy operations training at Operation Pacific Survivor, August 2006 Fort Hunter Liggett, Calif.*

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**ARMY STRONG.™**

# COMMANDERS



# CORNER



## *Let's be optimistic!*

This year has been one of the most challenging ever. The 63rd Regional Readiness Command has not been shortchanged in requirements for mobilizing Soldiers; or in supporting the Army's Transformation. So, if you are uncomfortable with change, the Army is a miserable place to be right now. Change is all over the place. During the recent elections, the majority vote caused a shift in political power in the nation and the secretary of defense announced his resignation.

I hear some Soldiers complaining and afraid, others are rejoicing. It is our position, while on duty and wearing the uniform to be apolitical. In other words, we work for our Civilian bosses no matter who they are, as we have always done. There is always room for improvement. We will continue to focus on those areas we have influence on and work toward making this command a desired place to be and work. The 63rd has a proud history.

With all the unknowns out there, it is an easy time to be pessimistic. Just look at the looming changes within our Army and Army Reserve. Now focus on how those changes will impact the 63rd RRC. How do these changes affect our Soldiers, Civilians and our families? We are all struggling with these issues. We are in the first year of executing a wave of changes that will occur through 2011. Organizationally, we are developing answers as fast as we can, but many answers are slow in coming. The leadership team is committed to providing real answers that are based on fact as soon as we get it. I would ask each of you to be positive and make a contribution making your section or unit a better place to be.

So let's be optimistic. We have many ongoing programs that are being improved and developed to support you, the Soldiers, civilians and families of the 63rd. We are blessed to have a superb leadership team in charge of our USAR. We are working to build momentum and strength within our family

programs, our Well Being Advisory Council and Ambassador Program. In early December, Lt. Gen. Jack Stultz, commander of the Army Reserve, will visit and kick off the first council and Regional Ambassador conferences right here. We have the smartest force programs team in the business working through the issues of Army Reserve transformation.

Our ambassadors provide much needed services within our communities in support of all of us. Our Family Readiness Program volunteers provide countless hours of service to benefit us. We have tremendous organizations such as Association of the United States Army and Reserve Officer Association working to support us at all levels. And we have you, the Soldier, serving the nation at levels of performance which are unprecedented.

**I see pride** in our Soldiers everyday that is humbling. Many of us become blinded by increasing demands and short-handed staffs. As I visit units throughout our area of responsibility, I see Soldiers and Civilians who are proud of what they do and what they represent. I see volunteers providing support to our Soldiers. I see Soldiers that have endured tremendous sacrifice, yet are proud to be members of this great organization called the Army. On the more somber side, I see grieving families who have lost loved ones. Being in the Army is serious business, and we cannot forget that.

It is important to remember that our Army has a series of standards in place. I ask each of you to take a look at our No Slack 10 – revised. Follow these simple rules, and you can't go wrong.

As we enter the Holiday Season and the New Year, I ask that each member of the Command have a safe Holiday Season and a Great New Year. Thanks for what you do. You are America's very best.

# TOP TALK



## 'Transformation matters NOT'

I hope this gets your attention. Everyone speaks about transformation, transformation of units, personnel and ways of doing business. However, none of this matters if you are not ready.

You must remain personally and professionally proficient, tactically ready and focused on your reason for being. Do not get distracted by all the news, stories, and rumors. Our duty under federal law is to be able to deploy ready units and personnel.... that's you! Regardless of rumors, you will always have a home in the Army Reserve. I need all of you to focus on getting yourself ready and to that end, the commanding general and I are reinforcing and demanding you follow the "No Slack 10":

- 1) **Always be deployable.** This means you are qualified in your specialty, completed required NCO or officer education, your MODS is up to date, you are fully SRPed and ready, your family is ready and you are mentally, physically, and spiritually fit.
- 2) **Pass the APFT.** Shoot for 280 or above, barely passing in the 180s displays a marginal attitude and marginal readiness.
- 3) **Make Height and Weight.** The goal is to make weight without taping.
- 4) **Always wear the Army Uniform Properly and Proudly.** If you are overweight, this is



impossible. You need to also wear your uniform while traveling in country; it is good for recruiting and the public perception of the Army.

- 5) **Leaders will train their replacement.** The best sign of a good leader is to have your subordinates ready and able to step into your shoes.
- 6) **Safety, Safety, Safety.** Remember you are your unit's Safety NCOIC/OIC. Use designated drivers, NEVER drink and drive, always use ASMIS-2 for traveling and going on leave. Demand the same of your Soldiers and families.
- 7) **Treat others with dignity and respect.** This doesn't mean you can't be tough, but you must be fair. No sexual harassment, live the Army Values and the NCO Creed and do not take personal advantage of your position or abuse it.
- 8) **Family Readiness Planning.** Make this a personal priority. NO Soldier will fight well when their family is not behind them and well taken care of. This distractor can get Soldiers killed. Have a good and viable Family Readiness Group.
- 9) **Know and live the Army Values and the Warrior Ethos.** Believe them, do them, and be the example....no hypocrisy! Your Soldiers see it. Usually, if you have to think about whether something is right or wrong, it's wrong! Always behave as if someone is watching and knowing. it! Don't embarrass your family, this command or the Army.
- 10) **Leaders are always accountable.** Take ownership of who and what you are!

Follow these mandates and the well being of both you and your family will improve. Not only will you be able to deploy to meet your obligation, but your family and civilian employer will benefit. Adhere to all these values and your life will be better for it, regardless of transformation. Do the right thing for the right reason...God Bless you all!

# BEHIND THE LINE at Operation

By Francis X Segura  
Staff Training Officer  
63<sup>rd</sup> Regional Readiness Command

It is a common understanding that necessity is the mother of all innovations. And precisely in this regard, the Global War On Terrorism has prompted military organizations to become more flexible, more resourceful and more proficient at executing their assignments.

Continuously evolving war fighting tactics dictate new skill sets Soldiers must learn, practice and hone for their survival when called to duty. Individual and collective responsibilities have been re-defined and refined as the Army executes its mission while transforming itself as a leaner, tougher and more responsive force with new equipment, new operational structure and more demanding standards.

One military challenge that has remained constant during this transformation is the Army's ability to remain flexible; to accept new missions; fight and contend with an unconventional enemy; and adapt to the changing tactics learned on the distant battlefields in Afghanistan and Iraq. Key to our Army's success has been this ability to effectively

*"I intend to conduct a safe, realistic training operation focused on producing confident, adaptable Soldiers and units trained and ready to win in a Contemporary Operating Environment. I will focus on collective Battle Drills and Warrior training. End state will be Soldiers with increased proficiency in combat tasks. Training operations will demonstrate a WARRIOR ethos and proficiency in battle drills, and integrated risk management. Soldiers and equipment will redeploy to home station safely and with full accountability."*

– Maj. Gen. Paul E. Mock

redirect efforts and resources when confronted with a change of mission. This situation has challenged Army Reserve leaders at every level to keep pace with the focus and direction in training doctrine to provide a meaningful and relevant training experience for units and the individual Soldier.

One recently concluded training exercise providing this experience was the 63<sup>rd</sup> Regional Readiness Command's Operation Pacific Survivor '06, conducted at Fort Hunter Liggett, Calif., in August. Pacific Survivor evolved from the USARC directive to plan and conduct Warrior Exercises

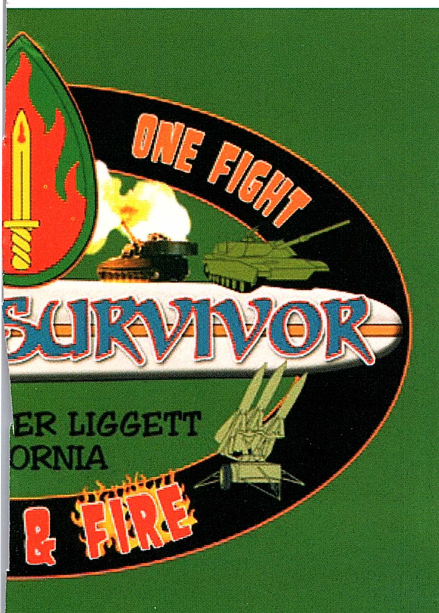
designed to provide "a realistic battle-focused environment incorporating all the Battle Operating Systems and components / services on the battlefield to enhance battle drill training and sustain technical proficiency in preparation for a validation event," such as an operational rotation at the National Training Center, Fort Irwin, Calif., or the Joint Readiness Training Center, Fort Polk, La.

Normally, such training events are scheduled two to three years in advance. This is due to the complexities involved with developing an appropriate exercise scenario, assigning and coordinating the functions, duties and responsibilities of the command elements involved, constructing and marshalling the task organization to meet the mission objectives, programming and scheduling the participating units for the event, and providing ample opportunity for these units to rehearse their mission-essential related tasks, and ensure individual Soldiers are DMOS and leader development qualified. When the decision was made to conduct Pacific Survivor '06, the challenge for the 63<sup>rd</sup> RRC was to plan, coordinate and execute this training event inside the training year already underway.

Pacific Survivor involved over 1,000 Soldiers in the development of the exercise concept, operational planning, life support coordination, and execution of the logistical, administrative and training support missions for the training events scheduled in the hot and austere environment of summer at Fort Hunter Liggett.



# Pacific Survivor '06



Making Pacific Survivor happen required 63rd RRC staff working diligently with the 91<sup>st</sup> Training Support Division, 104<sup>th</sup> Division, Western Army Reserve Intelligence Support Center, and Army Medical Command. Together they developed the training scenario, designated the command and control structure, and assembled the necessary resources to produce a memorable training experience for Soldiers

from four RRCs and the Army Medical Command.

The exercise was designed for each Soldier to participate in a training environment focused on individual combat skills and knowledge. The training was in four categories subdivided into 10 events conducted daily on a round robin basis. The four training categories were: weapons ranges (qualification and familiarization), convoy operations training, selected Warrior Training Tasks, and classroom instruction covering Law of Land Warfare and Cultural Awareness.

All Soldiers were assigned to one of 10 “company” elements. Junior leaders were selected to “command” their units and conduct the scheduled training for each company over the 10-day exercise period. This process allowed young leaders to experience the responsibility for other Soldiers they had never met, and develop their leadership skills in the process. The exercise operations tempo and daily change of events challenged the Soldiers and encouraged immediate esprit de corps.

The 6045<sup>th</sup> Garrison Support Unit from San Jose, Calif., (Col. Joel Mjolsness, commanding) assumed command and control for the exercise. The 6045th established the training site, opened the exercise and later passed operational control to

the 5035<sup>th</sup> GSU from El Paso, Texas (Col. Samuel Friar, commanding). The GSUs also initiated the “Leaders Mentorship” program for the junior NCOs commanding their units. Daily pre-operation briefs and end of day after-action reviews were a key part of their responsibilities.

Conducting a transition of authority from one command to another during a training exercise is unusual and difficult. However, these two GSUs managed this seamless transfer of responsibility without impacting scheduled training. All missions from the initial reception of Soldiers, the conduct of training operations, and redeployment of all units and equipment to home stations were accomplished.

An indication of the professional competence and organizational capabilities of the GSUs was reflected in not a single serious heat injury, nor a single disciplinary incident from initial arrival of advance parties through the departure of the final elements.

The 91<sup>st</sup> Division conducted convoy operations training using M1026 Humvees with mounted Mk19 40mm grenade launcher. The training consisted of rolling a string of the vehicles down a road through both friendly and hostile villages. Opposing forces and civilians on the battlefield provided a challenge for each convoy mission. Soldiers from the 63<sup>rd</sup> RRC subordinate units, many recently returned from overseas, impersonated the “enemy” and the civilians. Their experience in that environment added much to the realism on the lane.

*Continued on next page*



*The 6045th GSU passes the guidon onto the 5035th.*

**cont. Behind the Lines at Operation Pacific Survivor '06**

Weapons qualification and familiarization was organized and conducted by Master Sgt. Michael Patrick, 104<sup>th</sup> Division. Patrick oversaw the conduct of primary marksmanship training before Soldiers were allowed on the weapons qualification ranges for the M16A2 and M9 pistol. Additionally, Soldiers were provided familiarization with the M249 Squad Automatic Weapon (SAW), Mk19 40mm grenade launcher, and the M2 .50 caliber machine gun. Every Soldier was provided the opportunity to qualify on their personal weapon, and become familiarized with the squad and crew served weapons.

Cultural Awareness Training was conducted by Military Intelligence personnel. This class provided Soldiers with an introduction to the cultural, political and religious aspects of Islam and national cultures in Afghanistan, Iraq and Kuwait. The class became one of the most popular training events for both Soldiers who had been deployed in support of operations Enduring Freedom and Iraqi Freedom, and for those who will soon deploy.

Selected Warrior Training Task instruction included first aid, land navigation, the hand grenade course, leader's confidence/obstacle course, and a 10km road march. Senior NCOs from the 63<sup>rd</sup> RRC G7 developed the program of instruction for conducting these various tasks. Instructors for each task

were identified from subordinate units of the 63<sup>rd</sup> RRC. All the NCOs participating in this instruction were commended for

their outstanding work in developing their lane and executing the training in

an exceptional manner each day.

The most important aspect of Operation Pacific Survivor

was the satisfaction of each Soldier participating in the event. Across the board of ranks, units, MOS, and experience, the Soldiers provided consistently positive feedback during the daily AAR session on the training they had received each day.

Operation Pacific Survivor '06 was an outstanding success in every phase of the training conducted, the development of young leaders, the administrative support operations, the responsive logistical coordination support, and the unparalleled planning effort to pull it together.

Pacific Survivor was accomplished because this training event was made a necessity by the rapidly changing demands on preparing individual Soldiers to become familiar with the real-world challenges of deploying to engage a hostile and determined enemy. Each individual effort reflected great flexibility, adaptability and resourcefulness of those asked to accomplish their mission.

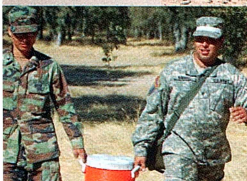
All Army organizations understand the muscle movements involved with a short-notice change of mission order. For the officers, NCOs and junior Soldiers who participated in this event, Operation Pacific Survivor '06 was a worthwhile experience with many valuable lessons not soon forgotten.



photo by Kent Ambrose



and religious aspects of Islam and national cultures in Afghanistan, Iraq and Kuwait. The class became one of the most popular training events for both Soldiers who had been deployed





# DAILY BLADE

AUGUST 18, 2006

VOLUME 1 ISSUE 6

### REMINDERS

**WEAPONS** - Government Issue weapons may be carried ONLY by those authorized and they must be in the original container. Weapons are authorized for use in the J.U.A.C.U., DCU, or the Army Physical Fitness uniform. Weapons are prohibited in the following areas:

- TMC, PX, Gymnasium
- Commissary, Snack Bar, Bowling Center
- Recreation Center, Chapel, Theater
- Ben & Gerry's, AAFES Service Station

Weapons will be properly stacked under constant guard, and no closer than 20 feet from the entrance to any of the listed facilities.

### SICK CALL PROCEDURES

Report to the south west side of Bldg. 208 @ 0730 hrs. Obtain a sick call slip from your Team Leader and completely fill it out. Bring your ID card and a sick call slip to the pick up area and to the TMC. The CQ runner will pick you up from Bldg. 208 and take you directly to TMC. If you have a weapon, the CQ will secure it. When you have completed the sick call, call the CQ desk @ 3302, 3304, or 3306. Have copies made of your sick call slip and any other paperwork at Bldg 241. Turn the originals in to the CQ and keep a copy for yourself. Your weapon will be returned to you.

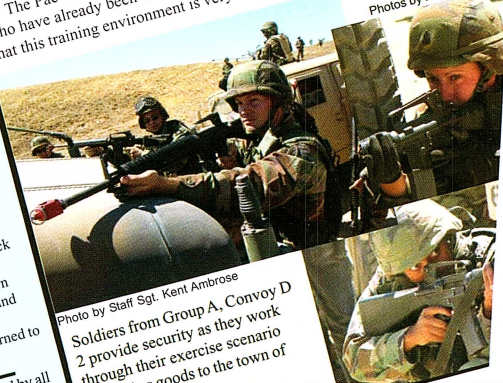
The convoy training lanes heated up today as Soldiers participated in a mock scenario that previously deployed troops said is just like the real thing.

The scene simulated a convoy delivering supplies to the fictitious city of Dhi Qar after traversing along a dusty road through villages and hostile open areas.



Photo by Staff Sgt. Kent Ambrose

"I have 42 civilians staged on the battlefield," said Lt. Col. Robert G. Hartley, commander 2-360th Training Support Battalion. "Convoy two, day two, training level intensity three. I have 42 civilians staged on the battlefield," said Lt. Col. Robert G. Hartley, commander 2-360th Training Support Battalion. "Convoy two, day two, training level intensity three. I have 42 civilians staged on the battlefield," said Lt. Col. Robert G. Hartley, commander 2-360th Training Support Battalion. "Convoy two, day two, training level intensity three. I have 42 civilians staged on the battlefield," said Lt. Col. Robert G. Hartley, commander 2-360th Training Support Battalion.



Photos by P. Ryan, PAO 63

# DAILY BLADE

VOLUME 1 ISSUE 5

AUGUST 17, 2006

### MESSAGE TO PACIFIC SURVIVOR SOLDIERS

All Operation Pacific Survivor personnel are reminded that the carrying of Government Issue weapons is authorized only to those in uniform. For the purposes of this exercise, uniform is defined as either BDU, ACU, DCU, or the Army Physical Fitness uniform.

Training group leaders are directed to disseminate this information to all members of the training population. Violators of this requirement will be subject to disciplinary action as provided for under the UCMJ.

Additionally certain areas on the installation have been closed to the public.



Spec. Alison Wilkins from the 363rd Medical Minimal Care Platoon at the 150 meter pop-up target at the...



# DAILY BLADE

VOLUME 1 ISSUE 11

AUGUST 23, 2006

## "... we don't need no stinking GPS!"

Spec. Oliver Ojih swiped the sweat off his neck, looked at a map grid and continued tramping through the desert grass.

"Back this way, Ojih," the other two members of his team shouted. This was a land navigation course and not one member of the team was using a compass.

"We had a bad compass," team member Sgt. Eduardo Acosta said. "So, we had to use terrain association and go off our grid coordinates in order to find our points."

Amazingly, the team managed to find two points out of four - some teams found none. Shrugging his shoulders, Acosta said, "You just have to readjust to your situation. You can't always depend on your equipment, and what happened to us here is a perfect



"No doubt, I learned how to readjust fire," the third team member, Pfc. Jason Zant said. "It also showed the importance of teamwork."

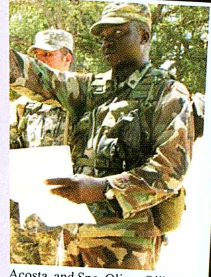
The training scenario, though, did not include any broken compasses. According to Sgt. 1st Class Jorge Alvarez, the NCOIC for the Land Navigation course, the heat, pace counting and reference points have posed the most challenges to Soldiers during the past nine days of the exercise. The training is one of nine training lanes for Operation Pacific Warrior.

Each class is broken down into teams. Each team is given a map with four marked points. Each team is tasked to find the four points.

"Land navigation is always easy to forget because you don't use it all the time," Alvarez said.

Ojih said, "Before today, I wasn't too confident on land navigation, but I'm very confident now."

Article and photos by Master Sgt. Ted Bartimus



Acosta and Spec. Oliver Ojih, Pfc. Jason Zant, Sgt. Eduardo Acosta hold up the broken compass they had to contend with during their Land Navigation course. The team ended up using terrain features and reference points to find assigned points on rough terrain.



Team members Spec. Oliver Ojih, Pfc. Jason Zant, Sgt. Eduardo Acosta hold up the broken compass they had to contend with during their Land Navigation course. The team ended up using terrain features and reference points to find assigned points on rough terrain.

BLOOD AND TEARS

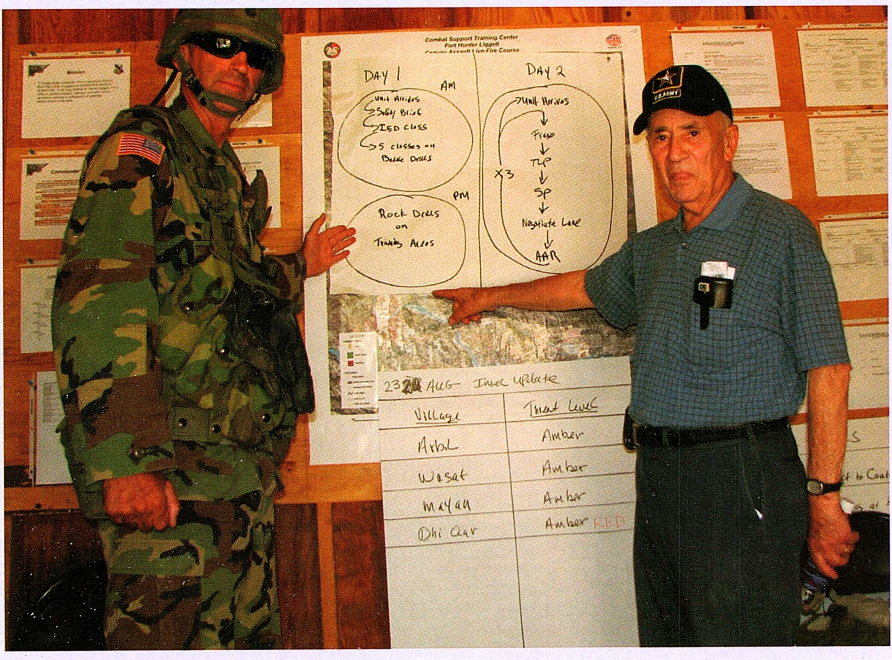


photo by P.Ryan PAO 63 RRC

Lt. Col. Robert G. Hartley, commander 2-360th Training Support Battalion, 91st Division, personally greeted USAR Ambassador Howard Schwartz when he visited the convoy operations training lanes at Operation Pacific Survivor. In spite of 100°+ weather, Schwartz bumped along in the PAO Humvee in his Kevlar to see firsthand the training the Soldiers are participating in. "I will take all this back to the veterans groups and community leaders who always ask me what is being done to train our Soldiers," he said. The USAR Ambassadors provide a valuable link between the military and the public in their continued efforts to gain support and understanding of Soldiers and the military.



## ARMY STRONG.™

# ARMY FORCE GENERATION

*The new process of the Army Reserve  
Operation Pacific Survivor—train, train and*



photo Kent Ambrose



photo

# ATION

*train.*



photo Spc. Gloria Whitehead 91st ID

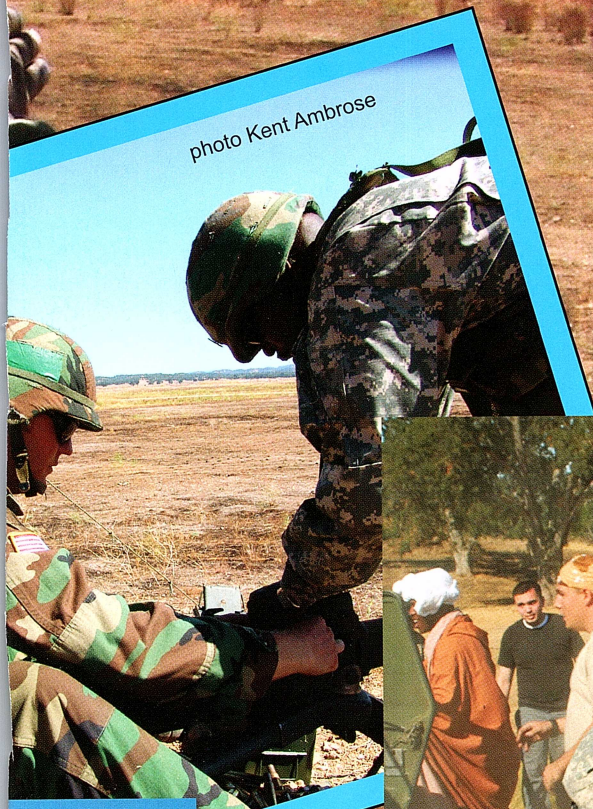
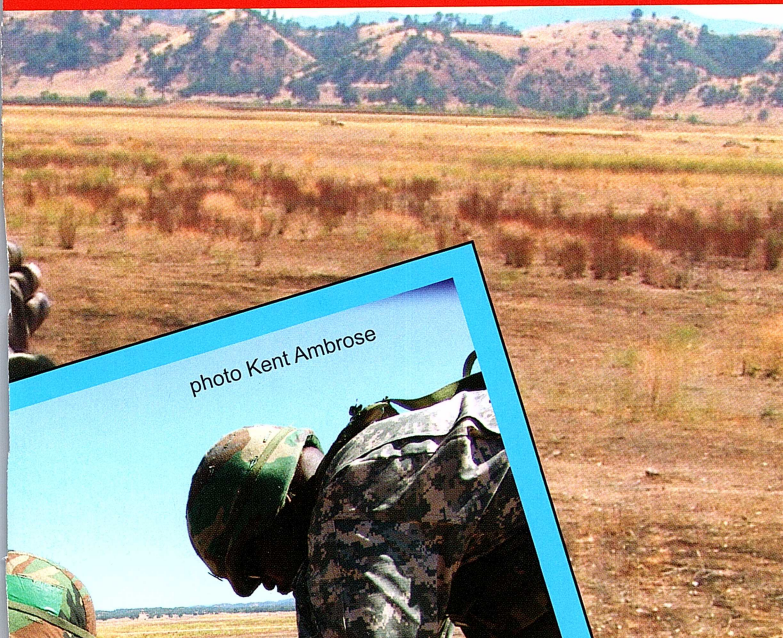


photo Kent Ambrose



photo Kent Ambrose



photo Spc. Gloria Whitehead 91st ID



P. Ryan PAO



photo Spc. Gloria Whitehead 91st ID



# TRANSFORMATION *what this*

By Col. Terry Morgan  
63rd RRC

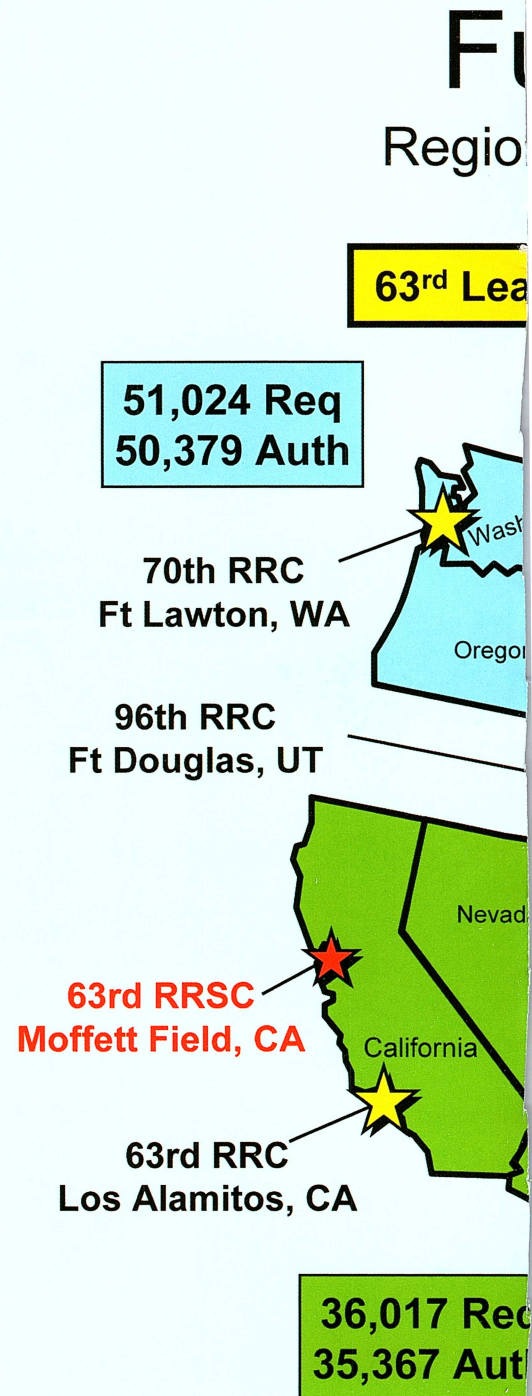
Chief, Army Reserve Vision Statement:

***“A community-based federal operational force of skill-rich Warrior-Citizens providing complementary capabilities for joint expeditionary and domestic operations.”***

**-Lt. Gen. Jack C. Stultz**

THE WAY AHEAD - What does this mean to Soldiers of the 63<sup>rd</sup> RRC? Will I have a position, new unit, new facility, or new duty? These are but a few of the questions we routinely hear from the troops. Our goal in the Transformation Integration Office is YES when it supports the mission and takes care of Soldiers. We see many new facilities being built with Base Realignment Closure (BRAC) funds, new type Modified Table of Equipment (MTOE) units standing up, new MOSs being developed and a home for everyone. This is hard work, ever changing and is challenging the abilities of the full-time work force and our drilling reservists. DoD/Army resources are constantly under fire making planning difficult to say the least. Transformation and change is never done and is an ongoing process. BRAC 2005 actions have been signed into law with an expiration date in year 2011, so we are working hard to complete modularization and Army Reserve restructuring to coincide with this target date.

(Continued on page 11)

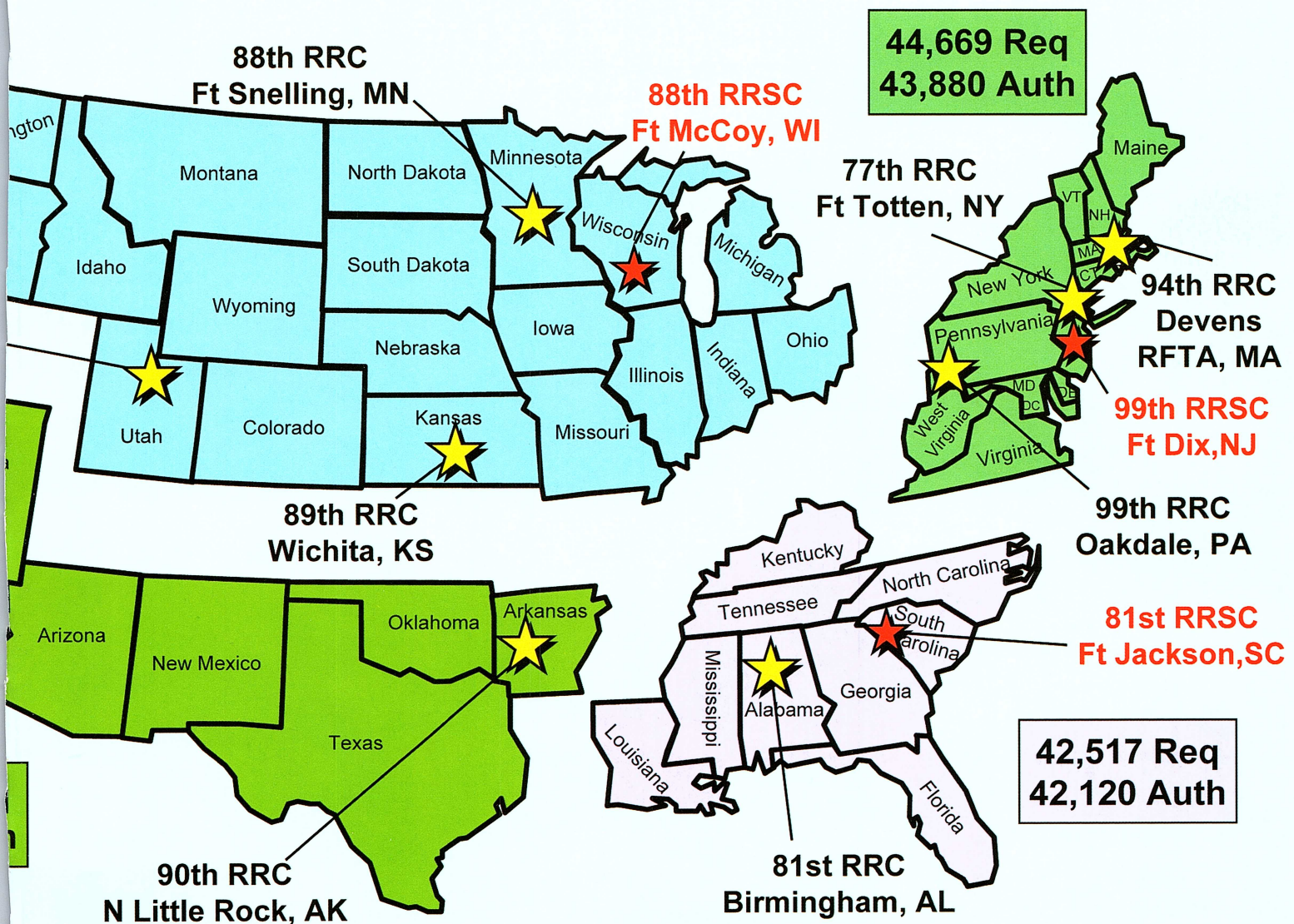


means for the 63rd RRC

# uture RRSC Regions

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Supports Southwest Region Transformation To Support CAR's Vision

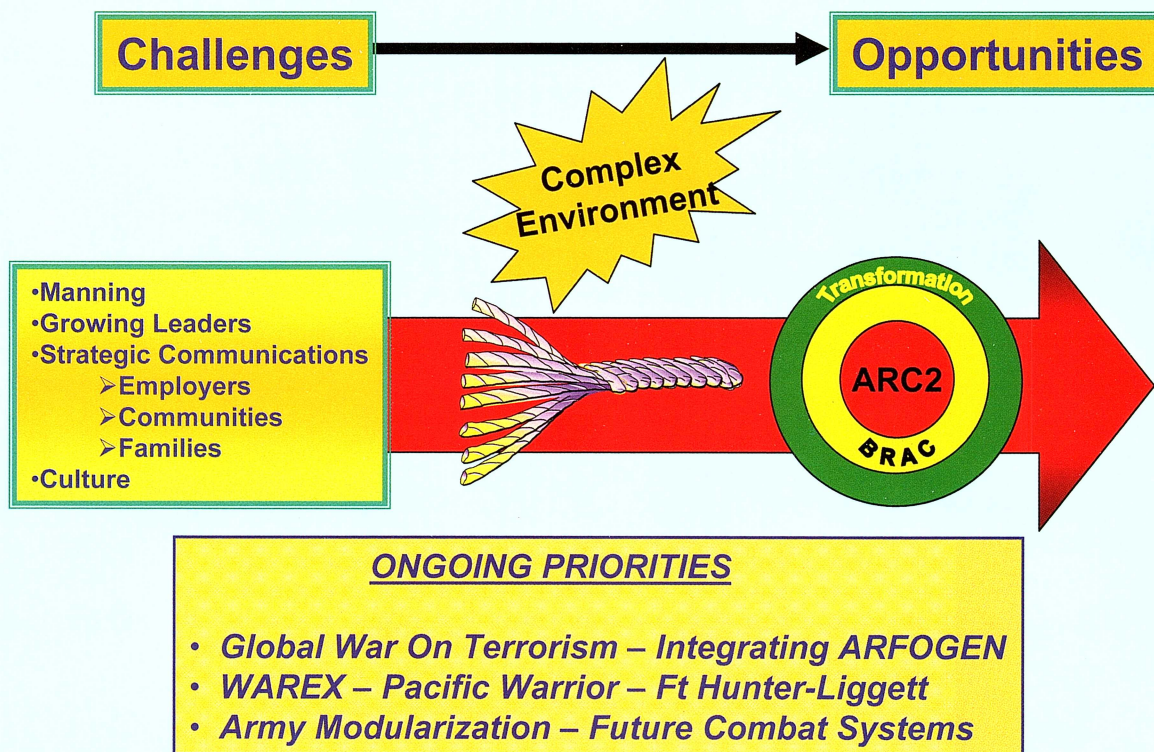


# U.S. Army Reserve Transformation

Change is not new and a key ingredient to DoD efforts to find cost savings for the American tax payer and improved weapons systems to protect the peace and our Soldiers. The Base Re-Alignment Commission (BRAC) is one of many ways DoD attempts to reduce costs and provide better support for all the services. One of the ways the Army gets involved in supporting DoD efforts is through the Army Campaign Plan, which addresses hard issues as modernization, modularization, new doctrine, and training challenges, to name but a few. Simply put, modularization is a process whereby we design the force to fit the fight.

## USAR Transformation

2006 & Beyond



*“...The Army Reserve used to be considered a strategic reserve focused force, the old paradigm of one weekend a month, two weeks in the summertime and, if World War III breaks out, we’ll be called to respond. We would also have advance warning and plenty of time to mobilize and train before being expected to respond. The events of 2001 changed the playing field and the rules of the game. Since early 2003, we have had about 40,000 Army Reserve Soldiers mobilized ongoing in support of operations Noble Eagle, Enduring Freedom and Iraqi Freedom. The challenge is to maintain that level of support to the war on an enduring basis. To that end, we have no choice but to change our structure.” Lt. Gen. Jack Stultz, Chief, Army Reserve, Soldiers Magazine Summer 2006*

*"....The major initiative right now involves transforming the RRC structure. We have 10 RRCs that have done a miraculous job of preparing units for mobilization and providing base operations support for those units in a geographic area. The problem is that all TDA structures we can't afford. We are inactivating these 10 Regional Readiness Commands so that we can take that structure and reinvest it into the Army Reserve MTOE force. We are not reducing the size of the Army Reserve. What we are doing is restructuring spaces within the Army Reserve to put them into war-fighting-type units. We are doing the same thing with the headquarters structures for the training divisions."-- Lt. Gen. Jack Stultz, Chief, Army Reserve, Soldiers Magazine Summer 2006*

## Army introduces new plan for Soldiers to deploy every 5 years

By MAJ Ramon Torry  
63d RRC Mobilization Planner

The U.S. Army Reserve is playing an indispensable role in the *Long War*; with operations here at home, in Kosovo, Afghanistan, and Iraq, Reserve Soldiers are indistinguishable from those on active duty. The Reserve force adjusted extremely well to a constant state of mobilization and there is no end in sight. It all began years ago with operations Desert Shield and Desert Storm, when over 89,000 Army Reserve Soldiers were mobilized in support of the coalition effort. Since then the Army Reserve has become an operational force, rather than a strategic force in reserve.

Since Sept. 11, 2001, the demand for Army Reserve forces has been in total operational- support mode. More than 158,000 Army Reserve Soldiers have been mobilized for an average of 380 days. Currently more than 22,000 are serving abroad in support of operations Iraqi and Enduring Freedom. There are also, 10,000-plus Reservists serving here at home, in a wide range of support roles for the *Long War*. From training Soldiers ready to deploy, to performing surgery at military hospitals and caring for Soldiers when they redeploy. Getting mobilized in the Army Reserve is now considered routine.

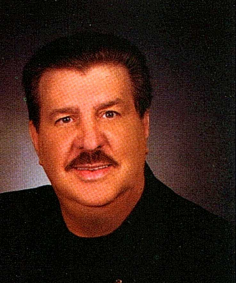
The new acronym in the Army Reserve is ARFORGEN (Army Force Generation). It is a process that moves Soldiers and equipment through defined phases to reset, train and attain full mission readiness as they approach deployment. Under the Army Reserve version of the model, a Soldier would expect to mobilize and deploy every five years, if needed. It provides a programmed time-phased level of predictability that allows the Army, Joint Force and regional combatant commanders to know what capabilities the Army Reserve can provide during any given year. This is fantastic news for all Reserve Soldier because it lets their family and their employers know the stability and predictability they will have in the process.

To keep up with the demands of the Long War, the Army Reserve no longer has the luxury of extended time periods for training after mobilization; thus, they now employ a "train-alert-deploy" model. This is to prioritize scarce training resources. In the past, Army Reserve units trained during two-day monthly battle assemblies, and during the 14-day annual training event. Under the new system, the Army Reserve's five-year training cycle increases unit annual training requirements from 14 days in the first and second years to 21 days in year three and 29 days in year four. The increase in annual training days better prepares units to conduct pre-mobilization training and participate in collective training events, such as National Training Center or other combat training center-type exercises.

Take great pride in knowing that the Army Reserve will always be ready to contribute to today's threats, because its greatest asset in doing so has always been, and will always be the men and women that make up its ranks as Soldiers.



Mr. Bushey (CA) retired from LAPD as a Commander; was the San Bernardino County Marshall; Deputy Chief, San Bernardino County Sheriff's Department and is currently a Senior Law Enforcement Liaison with the Los Angeles County District Attorney's Office. He is a retired Colonel in the United States Marines, and served in combat as the SEAL Commander in Desert Shield/Desert Storm.



Ron Dunn (CA pending) is Executive Vice President and Staff Director of Creative Center, a division of Vandum Communications Corporation. Mr. Dunn was awarded the Civilian Armed Forces Humanitarian Service Medal for his service as a first Responder in Mississippi in the aftermath of Hurricane Katrina and is actively involved in many media projects in support of the military.



Dan Furtado (CA) served two years on active duty with the U.S. Army, and retired as Colonel after more than 40 years of service in the Army Reserve. He completed his undergraduate work at San Jose State University, subsequently, attended the University of California, San Francisco, and received his Doctor of Pharmacy degree in 1969. He holds a Master of Public Administration degree from the University of San Francisco.



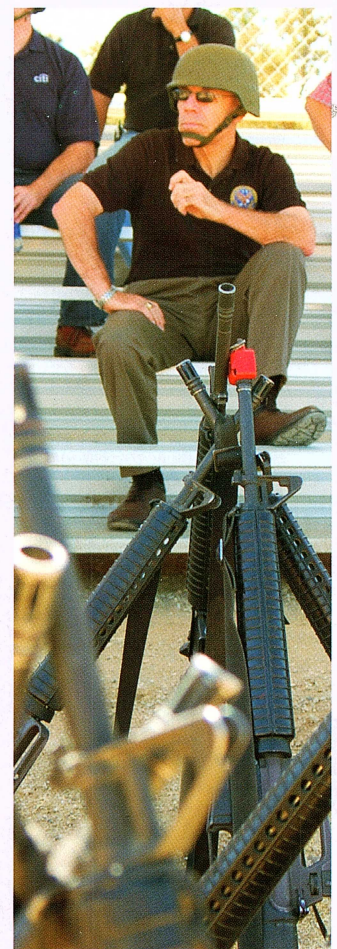
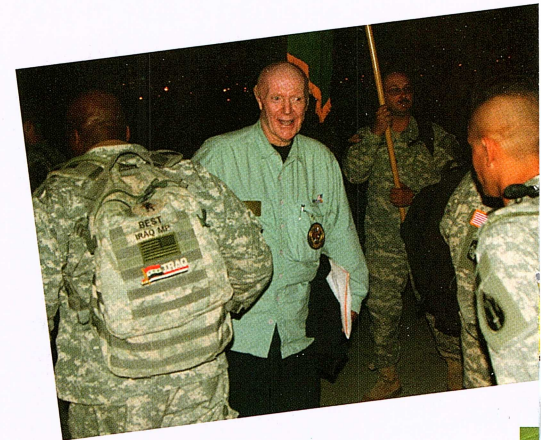
Jack J. Isler (AZ) is a retired Army officer and is the President of the Association of the United States Army's 7th Region where he has oversight for chapters throughout the Southwest. His service is a testament to his dedication to the nation. His military intelligence expertise continues to be an asset to the Ft. Huachuca military community. He resides with his wife in Sierra Vista.



Dr. Richard A. Lundin (CA) is a senior officer in the Napa and Solano counties Area Agency on Aging. He holds a BA and MBA in Business Administration and a PhD in Education. He is a member of the California Military Museum and a member of the Drug-Demand Reduction Program in the Vallejo School District.



Ronald H. Markarian (CA) is the California State Director of the U.S. Selective Service System. He holds a BA from California State University at Fresno and a MS from George Washington University in Washington, DC. Ambassador Markarian has served in numerous volunteer assignments with local service agencies such as the Fresno Chamber of Commerce, California Veterans Board and the California State Veterans Commanders Council.



Ambassador Dan Furtado watches Soldiers qualifying at the small arms training lanes during Operation Pacific Survivor.



# Army Reserve Ambassadors Mission

- Support Soldiers and their families during the mobilization and deployment process
- Welcome Home Warrior Citizen ceremonies
- Reach out to community leaders and organizations
- Promote service in the Army Reserve

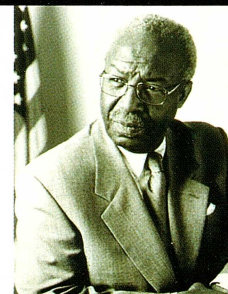
CAR letter, 21 December 2005



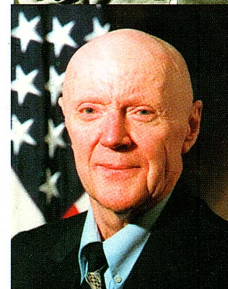
ARMY STRONG

Ambassador Russell Park joined MG Paul Mock at the airport in San Diego Oct. 27, to welcome home the 96<sup>th</sup> MP Battalion from a long year in Iraq where they shut down the infamous Abu Gharib Prison.

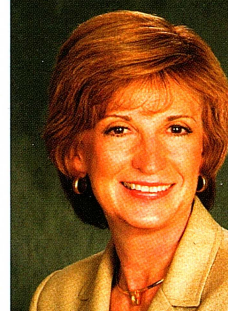
Ambassador James McEachin (CA) received a Silver Star for his courage under fire and bravery as an infantryman during the Korean War. Mr. McEachin is a distinguished actor with hundred of credits in the film industry. His commitment to Soldiers and veterans has resulted in a CD titled "A Tribute to Veterans" that is an uplifting salute to all veterans. He currently resides in Encino, California.



Russell Everett Park (CA) is a retired Public Affairs Officer and Attorney. He holds a BA from the University of Southern California and a JD from LaSalle University. Mr. Park has served in numerous volunteer assignments with local service agencies such as a team leader in the Greater San Diego County U.S. Army Retiree Council; U.S. Navy MWR Special Events Committee and with the San Diego and Coronado Police Departments.



Ambassador Sharon Powers (NV) is a vice-president for the North Las Vegas Chamber of Commerce. She has devoted many hours helping Soldier families and is a catalyst for bringing business together to support Welcome Home ceremonies in the State of Nevada.



Ambassador and Mrs. Howard Schwartz and Ambassador Ron Markarian attended the 311<sup>th</sup> COSCOM Change of Command Sept. 17, 2006, where MG Bruce Casella assumed command of the new 63<sup>rd</sup> Regional Readiness Sustainment Command (RRSC).

Ambassador At Large Anthony T. Reed, is Founder of the Renaissance Group of Vienna, Virginia and Cofounder of GoodWood Partners, LLC, of Las Vegas. He holds a BA degree from National Louis University and a MS degree in Administration from Central Michigan University. Mr. Reed continues to serve his community in numerous volunteer assignments such as Vice President Kiwanis International, Campaign Manager the American Cancer Society and Nevada Christmas in April.



Ambassador Dr. John J. South (Pending) Chaplain John South (U.S. Army Col. Ret.) served with the 63d Regional Readiness Command as the command chaplain between 1998 and 2006. South enlisted in the Army Infantry in 1962, volunteered for duty in Viet Nam and was awarded the Purple Heart for combat injuries sustained there. A former police officer, and currently a chaplain for the Phoenix Police Department, he deployed to Iraq in support of the Global War on Terrorism.



Ambassador Howard Schwartz (CA) is the owner of Howard Schwartz & Associates, a management consulting firm in Encino, California. He holds a BA, MA and PhD as well as a certification as a Senior Professional in Human Resources. Ambassador Schwartz is a volunteer Ombudsman with the California Employer Support of the Guard and Reserve program and a supporter of various veterans' activities.



photo by Kent Ambrose

Ambassador Richard Lundin was out on the training lanes at Operation Pacific Survivor meeting with Soldiers and gaining first-hand experience of pre deployment training.



# Safety

By Jeff Harris, 63rd RRC Safety Office

**ARMY STRONG.™**

Sending out Army Preliminary Loss Reports to commanders, leaders and warriors of the 63d RRC every week accounting for Soldier fatalities, accidents, and injuries is not fun. Invariably, a number of motorcycle riders are included.

Once you read a couple of these reports you begin to get an awareness of a motorcyclist's vulnerabilities. An automobile has more stability because it's on four wheels, and because of its size it is easier to see. A motorcycle suffers in comparison when considering vehicle characteristics that directly contribute to occupant safety. What a motorcycle sacrifices in weight, bulk, and other crashworthiness characteristics is somewhat offset by its agility, maneuverability, and ability to stop or swerve quickly when necessary. It takes training in motorcycle riding skills to learn those capabilities.

Maj. Gen. Paul E. Mock, commander of 63rd RRC, is adamant about preventing the loss of a 63rd warrior due to motorcycle mishap. Additionally, 63d RRC trainers are trying to upgrade our safety posture by coordinating motorcycle safety training courses mandated by DODI 6055.4, and Appendix B of AR 385-55. Riding skills are learned; therefore attendance in a Motorcycle Safety Foundation approved course should be the first step for all riders. Motorcycle safety courses are required and provided by U.S. Army installations. All riders must meet the requirements of the course, which is provided to Soldiers and DoD civilians. Information on the courses and their contents can be found at <http://www.msf-usa.org/>. Consult your Safety Office on local classes and policies. Information for commander's use is available at <https://crc.army.mil>, in the POV Tool Box and Six-Point Program.

Additionally, to operate a motorcycle on a military installation, riders are required to wear proper personal protective equipment. Department of Defense Instruction (DODI) 6055.4, para 3.2.7.1,2, and 3 define the requirements, along with Army Regulation 385-55, Appendix B, Para B-3, sub para, a, b, c, d, and e. The U.S. Army Combat Readiness Center offers a poster illustrating proper wear of PPE at: [https://crc.army.mil/riskmanagement/driving\\_pov/Motorcycle\\_poster.pdf](https://crc.army.mil/riskmanagement/driving_pov/Motorcycle_poster.pdf)

Let's be committed to the safety of our warriors, civilian employees and contractors, and be confident that with a single purpose of mind we will reduce accidents and improve readiness, force stability, and well being. "You Own the Edge – Commit."

**MANDATORY PERSONAL PROTECTIVE EQUIPMENT & REQUIREMENTS**  
DODI 6055.4- DoD Traffic Safety Program & AR 385-55

**RiderCourse® COMPLETION CARD**

NAME: \_\_\_\_\_ STATE: \_\_\_\_\_

SPONSOR: \_\_\_\_\_ INSTRUCTOR: \_\_\_\_\_ AND I.D. # \_\_\_\_\_

**FATALITIES**

FY03 FY04 FY05

19 22 40

Either the Jacket & or belt worn as pictured meets the requirements of AR 385-55. The belt pictured meets minimum visibility requirements.

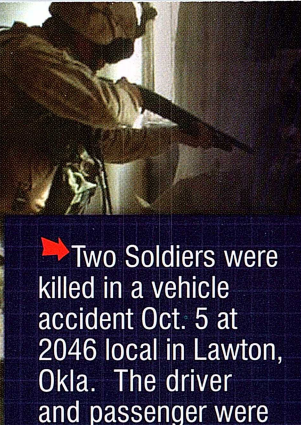
**Eye Protection.**  
Face shield or impact-shatter resistant goggles or wrap-around glasses that meet ANSI Z87.1

**Helmets.**  
certified by the manufacturer to meet or exceed DOT standards and must be properly fastened under the chin. A full face helmet with proper shield provides best protection

**Garment Visibility.**  
A brightly colored outer upper garment during the day and a reflective upper garment during the night.

**Sturdy Foot Wear.**  
Leather boots or over-the ankle shoes.

**Clothing.**  
Long-sleeved shirt or jacket, long trousers, and full-fingered gloves or mittens designed for use on a motorcycle.



# RISK?

<https://cro.army.mil>

PLRS  
**Preliminary  
 LOSS REPORTS**  
 for the week of 5-11 Oct 06

# 5

**U.S. SOLDIERS  
 DIED IN  
 ACCIDENTS**

- 5 Soldiers Killed
- 1 Soldier Injured

**LOSSES**

➔ Two Soldiers were killed in a vehicle accident Oct. 5 at 2046 local in Lawton, Okla. The driver and passenger were in a Ford Escort when it left the road, traveled straight for 221 feet with no sign of braking and struck a tree head-on. Both Soldiers were wearing seat belts. The Oklahoma State Police is investigating the accident.

**COST: 2 Soldiers Killed**

➔ A Soldier was killed in a vehicle accident Oct. 6 at 0541 local near Clarksville, Tenn. The Soldier was driving a Saturn at a high rate of speed and drifted into an oncoming lane and collided head-on

with a Toyota. The Soldier was wearing his seat belt. Both drivers were fatally injured.

**COST: 1 Soldier Killed**

➔ A Soldier home on emergency leave was killed in a vehicle accident Oct. 7 at 1900 local near Louisville, Miss. The Soldier was driving his pickup truck home from his mother's funeral with his father. His vehicle crossed into an oncoming lane and collided head-on with another vehicle. The Soldier and his father were killed instantly.

**COST: 1 Soldier Killed**

➔ A Soldier was injured in a weapon firing incident Oct. 7 at 2259 local in Iraq. While on a mission, the Soldier positioned the barrel of his shotgun directly against the lock of a door and fired. Fragmentation generated from the fired buckshot struck the Soldier in the face and ricocheted under his eye protection. Permanent loss of vision is expected.

**COST: 1 Soldier Injured**

➔ A Soldier was killed in a paragliding accident Oct. 5 at

0900 local west of Albuquerque, N.M. The Soldier was at a festival participating in a paragliding event when he collided with another paraglider and fell approximately 150 feet. The second paraglider was treated and released.

**COST: 1 Soldier Killed**



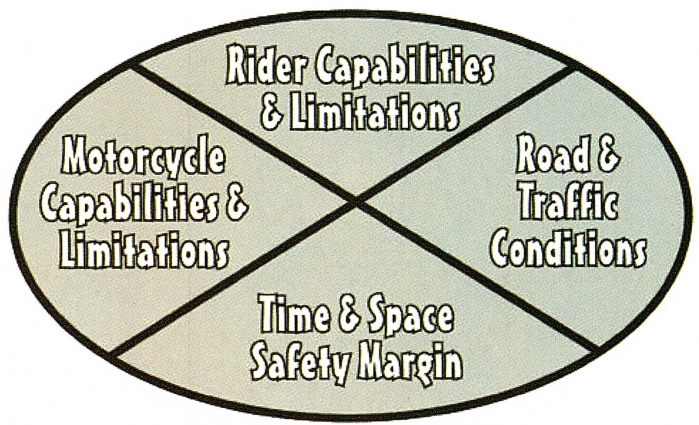
U.S. ARMY COMBAT READINESS CENTER

**OWN the  
 EDGE**

Leading on the Edge

A margin of time and space must be maintained for safety. The rider's capabilities and limitations, motorcycle capability and limitations, and road and traffic conditions each play a part. New riders or riders who graduate to a larger, heavier or faster bike should pay special attention to their capabilities and limitations. The safety margin is gone if a required maneuver calls for a skill beyond that of the rider. The safety margin is gone if a situation calls for more steering or braking than your motorcycle is capable of providing. The safety margin is gone if there is no time or space to maneuver.

## Oval of Safety



Ride to Survive



Learn How

# 304th Sustainment Brigade Soldiers get lift from the Air Force

By Spc. Tracy Ellingsen  
311th Sustainment Command Public Affairs Office  
photos by Kent Ambrose

When the 304th Sustainment Brigade was told to relocate from an Army Reserve center six miles from the beach to an Air Force Reserve Base some 60 miles inland, most people probably thought they would just drive. But the brigade's deputy commander, Lt. Col. Bill Steinkirchner, isn't most people.



"I walked into the Air Force Operations Center and said 'Want to help move a brigade by air?'" said Steinkirchner. And the Air Force Reserve's 452nd Air Mobility Wing said "yes."

After only four months of planning, the joint operation was ready to take off. To add to the training, the entire operation was done under the guise of a reaction to a Tsunami threat to the West Coast.

On the morning of July 15, the air crews from the 452nd Air Mobility Wing and commanders from the 452nd and 304th filed into a conference room on March Air Reserve Base. Army Master Sgt. Arturo Padilla donned a crisp blue suit and played the part of Mr. Padilla from the Department of Homeland Security. He briefed

the room with details of the impending Tsunami that would have wiped out the headquarters of the 304th in West Los Angeles.

"Today we are going to do what separates us from Delta and United," said Col. Jeff Barnson, deputy commander of the 452nd Air Mobility Wing, during the briefing. "We're going to move a brigade."

Meanwhile at the reserve center in West Los Angeles, the Soldiers of the 304th were busy preparing their vehicles and equipment for "evacuation" from the coast. In an evacuation of

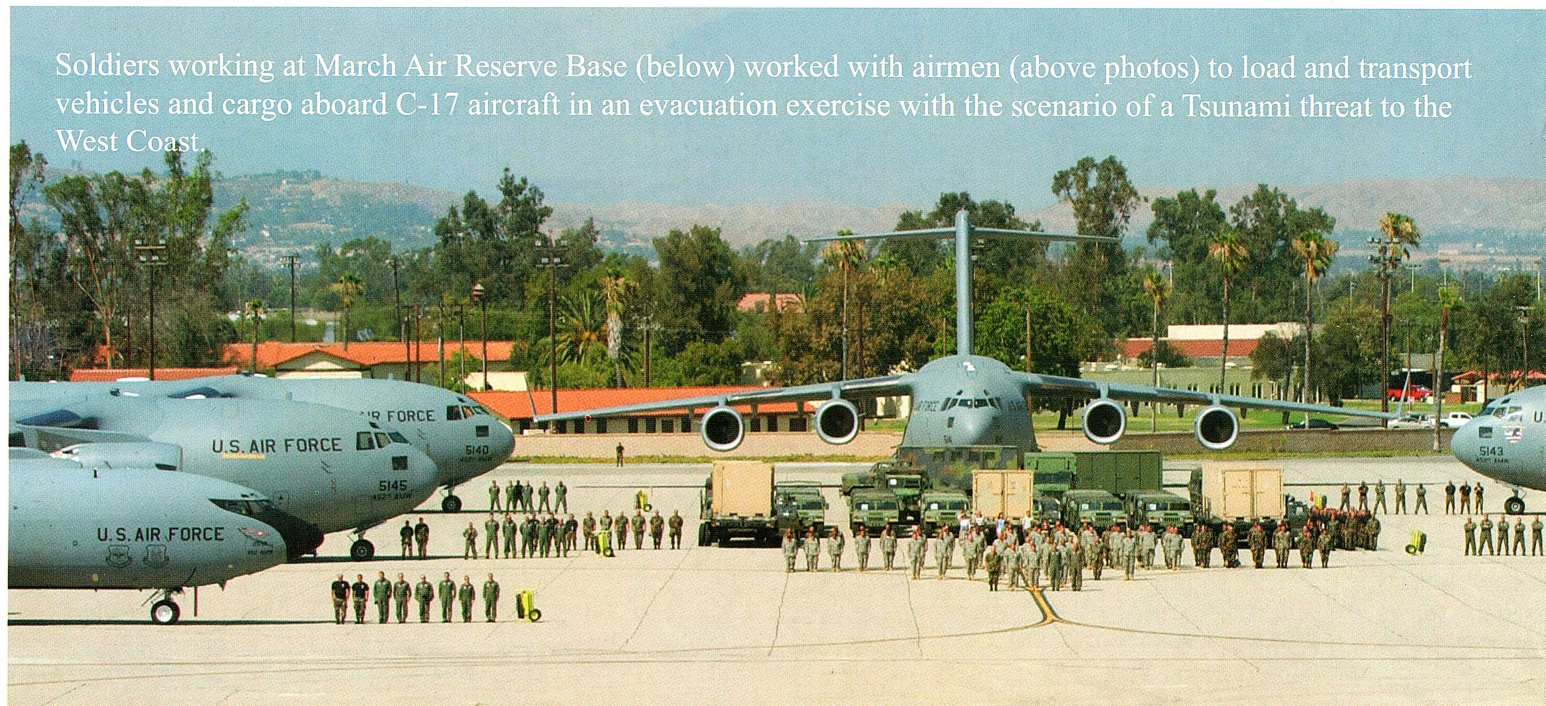


Los Angeles, Padilla estimated that all East/West routes of travel would be jammed with more than 4 million people trying to flee the coast. So instead of heading east, the 304th drove north to Point

Magu Naval Air Station.

There they were met by five C-17s from the Air Force Reserve's 452nd Air Mobility Wing. Two and a half hours had been set aside for the loading of the 304th's equipment, but with the help of the Air Force's load

Soldiers working at March Air Reserve Base (below) worked with airmen (above photos) to load and transport vehicles and cargo aboard C-17 aircraft in an evacuation exercise with the scenario of a Tsunami threat to the West Coast.





masters, the planes were ready to take off in 75 minutes.

“A C-17 crew usually has three people; two pilots and a load master,” said Air Force Master Sgt. Gamache before the exercise. “Because of what we’re going to load, they wanted to get a few extra people to tie stuff down.”

“And it showed,” said Steinkirchner. “It’s unheard of to load that many vehicles in that short amount of time.”

“The Air Force sent a team to West Los Angeles for a weekend to train us. The Soldiers had to learn how to prepare their equipment to meet the load masters’ standards. If a Humvee had an oil leak, it wasn’t going on the plane.

Each C-17 had three or four load masters to help with the enormous amount of equipment the 304th was moving to March Air Base including more than 25 Humvees, 16 ISU 90 containers, and five 2-1/2-ton trucks.

When the aircraft touched down at March, the Soldiers and Air Force load masters worked quickly--but safely-- to unload all of the equipment. The Air Force wanted to capture the moment on film, so the Soldiers

and air crews posed in front of the aircraft with the off-loaded equipment.

“It is incredibly unique that an Army Reserve unit and Air Force Reserve unit can do what we did in one battle assembly weekend,” said Col. Gregory Maida, who took command of

the 304th the weekend before the exercise. What we did is exactly what we would do in a deployment.”

One of the advantages of the 304th Sustainment Brigade’s new location is the joint environment at March.

“We have ideas and hopefully we’ll do more training with the Air Force,” said Sgt. Maj. Timothy Quick, who was the sergeant major of the 304th Sustainment Brigade at the time.

The 304th Sustainment Brigade is one of the first of its kind in the U.S. Army. The unit was known as the 304th Corps Materiel Management Center until it was rededicated last July as a sustainment brigade. The new type of unit reflects the Army’s current transformation to a more modular force.

The purpose of the command is to plan, coordinate, synchronize, monitor, and control logistics within an assigned area of responsibility. The 304th is capable of providing logistical support to joint and multinational forces.

“Our mission is to become the premiere sustainment brigade in the Army Reserve,” said Maida.

“I think we set a very high standard for a unit that is two weeks old,” said Steinkirchner. “I don’t think we set the bar too high for this brigade, but maybe too high for the other sustainment brigades to live up to.”

## Gift from an artist



photo by Kent Ambrose

Beso Kazaishvili, an internationally recognized artist, unveiled his original acrylic on canvas painting entitled “Look to the Stars,” to a gathering of Soldiers and civilians at the 63d Regional Readiness Command headquarters in July. Through Pentagon officials and Beso’s manager, Rick Hancock, 63rd USAR Ambassador, Howard Schwartz, arranged for endowing the piece to the Army Reserve. Maj. Gen. Paul E. Mock, accepted the artwork on behalf of the U.S. Army Reserve Command. “Beso has an incredible story to tell and shows tremendous artistic talent.”





# News From Family Pr

The Family Programs office of the 63<sup>rd</sup> RRC recently added a new member to its staff. Mrs. Ann Nacino came on board on July 17<sup>th</sup> as the Army Family Team Building and Army Family Action Plan Program Manager. Her office is located within Family Programs in Bldg. 18 at the 63<sup>rd</sup> RRC Headquarters in Los Alamitos, CA. Mrs. Nacino is married to a newly-separated Soldier and experienced four deployments, countless field exercises and TDYs during their nine years in active duty. Mrs. Nacino can be reached at 562-795-2686 if you have any questions, or would like more information about AFTB or AFAP.

*The purpose of Army Family Team Building (AFTB) is to prepare Soldiers and their families to adapt to Army life, manage change, and accept challenges.*

*Our mission is to educate and train all of America's Army in a wide variety of knowledge, skills, and behaviors designed to prepare our Army families to move successfully into the 21<sup>st</sup> century.*

AFTB is a global educational program whose primary objective is to improve overall readiness by teaching and promoting personal and family readiness through education of family members. Education is provided through standardized, sequential classes. In addition, the program can be used flexibly to meet the needs of the individual audience. For example, AFTB modules can be incorporated at Family Days, Family Readiness Group meetings, other specially organized family member training, volunteer training, Family Program advisor training, and even excerpts for newsletter articles.

The AFTB Program recognizes that leaders in the Army have a responsibility to establish

a partnership between the Army Reserve and families. Numerous studies indicate that Soldier performance, readiness, and retention relate directly to family satisfaction with Army Reserve life.

Training for family members are divided into three levels: Level I-Introduction to the Army, Level II-Intermediate for Emerging Leaders within the Army community, and Level III-Advanced for those in advisory and leadership roles.

In support of this increased emphasis on family awareness and responsibility, courses developed for AFTB educate the Army family (Soldiers-Active, Reserves, and Guard, DA civilian employees, and family members) in a wide variety of knowledge, skills, and abilities fostering personal and family preparedness to enhance Army readiness. Lesson topics include:

1. The elements needed to build cohesive teams within the family member structure.
2. The military and civilian community resources available to family members at installations and Reserve Component centers. Awareness and understanding of the resources available will empower family members to better manage their lives during separation and while living within the Army Reserve culture.
3. The importance of political savvy as it relates to understanding organizational structure and policy.
4. The techniques for building effective professional relationships within the community and unit.
5. The methods and techniques that provide family members with professional growth and leadership development opportunities.

Levels can be taught in their entirety, or as individual modules. In addition, modules can be

# ograms



## 1st Sgt. Acosta welcomes home troops from Iraq

pulled together into “concept blocks” to achieve a particular objective.

Army Family Team Building training is now available online as well. NetTrainer is an excellent resource, allowing individuals to take Levels I, II and III from the comfort of their homes, despite geographic separation.

For more information about NetTrainer or to begin training, visit [www.myarmylifetoo.com](http://www.myarmylifetoo.com).

*The Army Family Action Plan (AFAP) is an Army-wide program to improve Army quality of life. Through AFAP, all members of the Army, including Active, Reserve, and National Guard Soldiers, family members, retirees, surviving spouses, DA Civilians, and military technicians have a forum to voice concerns to Army leadership and make recommendations for change.*

You may submit issues through your Regional Readiness Command’s (RRC) AFAP Program Manager (PM) at any time. The PM will provide assistance with writing the issues to ensure they meet DA AFAP guidelines. PM’s will research the issue to determine if a similar one is already in the AFAP process or previously deemed unattainable, and if so, submitter will be informed.

If issues impact only the local community, they are resolved locally. If they have a broader scope, they are sent forward and evaluated for submission into the Army Reserve (AR) AFAP. About 95% of AFAP issues are retained and worked at the local level and result in ongoing community improvements. Your Program Manager can assist, train or brief the program to local commanders, family members, and Soldiers at Family Readiness Group (FRG) meetings, Family Day, or upon request.



First Sgt. Jesse Acosta, blinded from a mortar attack in Iraq, welcomes back Soldiers from the 376th Personnel Services Battalion during an October homecoming in Long Beach. Acosta had served as the unit’s top NCO until his injury in early 2006. The 376th was assigned at Logistics Support Area Anaconda. (Photos by Kent Ambrose)

## Chaplains Cover by Chaplain (Col.) Scott Hubert, 63<sup>rd</sup> RRC

Counseling, prayer and chapel services for Soldiers and families are part of the ministry of chaplains and chaplain assistants. Family members should not hesitate to think of and call upon the ministry team to connect them to community resources. Ministry teams know of community groups and church groups that teach, train, and comfort military families and assist them to find the resources they need for support, counsel and advice.

The teams can guide families to church and community family support groups. Soldiers and their families are urged to value and utilize the activities that local youth programs and church youth programs offer. These groups will give children stability and direction since community and church youth programs know the hardships of separation on spouses, teenagers, and children. Church and community groups want to honor Soldiers by encouraging family members and providing a safety net in times of need.

College students can benefit from this same type of support as well through college groups that reinforce study goals, connecting their studies to honoring the convictions of faith for them as they are involved in their academic pursuits. Ask your unit chaplain where to plug in to programs in the community. Your children will prosper from the care of other church, school, and family support programs.



Chaplain (1st. Lt.) Michael Langdon , above, talks to Soldiers training in the convoy lanes at Operation Pacific Survivor. At right, Chaplain 1<sup>st</sup> Lt. Jinho Cho, of the 155<sup>th</sup> Corps Support Battalion, spends time talking to Soldiers as they wait to take their turn at the weapons qualification range. (Photos by Staff Sgt. Kent Ambrose)



# District attorney employees answering the call to service

By Bernie LaFortenza, Aide de Camp to Maj. Gen. Paul Mock



photo P. Ryan PAO

Bernie LaFortenza

On the 18<sup>th</sup> Floor of the Clara Shortridge Foltz Criminal Justice Center in Los Angeles, the Los Angeles County District Attorney's Office honored its employees serving in all branches of the military Reserve and Guard by installing photographic murals on their elevators.

Mounted in April 2006, the paintings on the the elevator doors depict 17 members of the District Attorney's Office who serve as reservists in the armed forces. These Citizen Soldiers are employed as Deputy District Attorneys and District Attorney Investigators. Some of the employees serve as Judge Advocates while others serve in other branches of their respective services.

Louis Avila, a Deputy District Attorney, spent 14 months in Ar Ramadi, Iraq as a senior watch officer in the combat operations center. He was recently promoted to Colonel in the United States Marines.

Steven Frankland, an Assistant Head Deputy District Attorney and Deputy Commander of the 78<sup>th</sup> Legal Support Organization at Los Alamitos, was mobilized in 2004 to assist in the prosecution of terrorists detained at Guantanamo Bay.

Deputy District Attorney Elan Carr, the Deputy Staff Judge Advocate at the 311<sup>th</sup> ESC, deployed to Iraq to work with Iraqi attorneys and jurists to prosecute terrorists and insurgents.

Deputy District Attorney Bernie LaFortenza spent a year at Camp Arifjan, Kuwait with the 377<sup>th</sup> TSC(F) conducting courts-martial as an Army prosecutor and as an Administrative Law Officer.



photo P. Ryan PAO

Louis Avila, Deputy District Attorney

Derek Harris, a Navy reservist and a member of the "Seabees" at the U.S. Naval Construction Force, built crates and other materials used to send equipment to the troops in Iraq.

Randal McNary, a District Attorney Senior Investigator, was recently mobilized as a Coast Guard Investigator conducting criminal investigations for the Coast Guard.

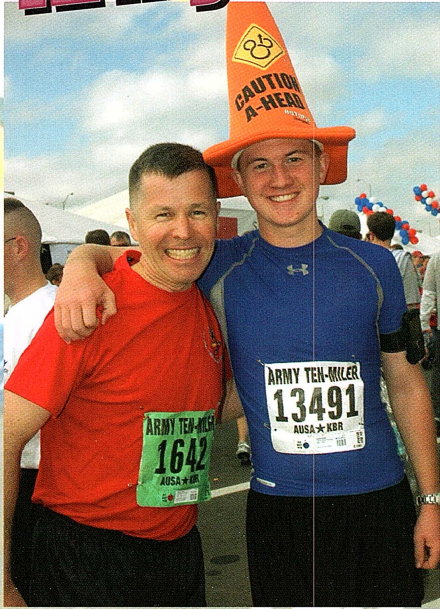
On November 7, 2006, Major General Mock visited with Steve Cooley, the Los Angeles County District Attorney, and the other military service members depicted on the elevators. He saw the murals honoring the office's military reservists and presented Mr. Cooley with a Certificate of Appreciation for employer support. Mr. Cooley told General Mock that the District Attorney's Office wanted to honor his employees who are serving in the military reserve and Guard.



photo Kent Ambrose

Maj. Gen. Mock presents D.A. Steve Cooley with a Commanders coin in appreciation of his support.

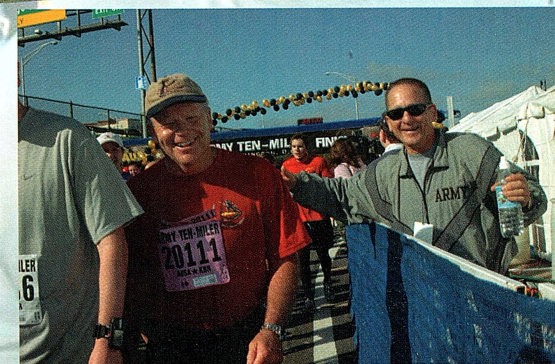
# Army 10-Miler 2006



# MY 10-MILER START

photos P. Ryan PAO

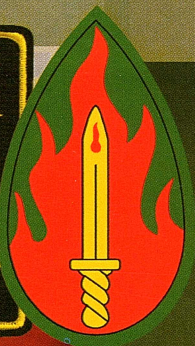
Oct. 8, 2006 - The Army Ten-Miler attracted participants from around the world, from civilian and military elite athletes, to former Olympians and beginner-runners. The 63<sup>rd</sup> RRC team did the Region proud as the team thundered to a victorious and respectable finish.



ARMY TEN-MILER 14987



U.S. ARMY



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ARMY STRONG.

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